



Critical Thinking

Critical thinking help us to avoid arriving at erroneous solutions due to emotional thinking and biases. Delegates open this course will learn how to apply evidence and logic to their thinking and avoid solutions based around conventional wisdom and assumptions.

Module 1 : Introduction to Critical Thinking

- Define critical thinking and its importance
- Discuss the characteristics of a critical thinker
- Provide examples of critical thinking in everyday life

Module 2 Evaluating Information Objectively

- Learn how to identify facts versus opinions
- Recognize biases and emotional reasoning
- Question claims, assumptions and logic
- Detect propaganda techniques and logical fallacies

Module 3 Challenging Assumptions

- Learn how to re-evaluate your own assumptions and beliefs
- Question commonly held assumptions and conventional wisdom
- Use techniques like playing "devil's advocate"
- Consider alternative perspectives and explanations

Module 4 Making Reasoned Judgments

- Use evidence and logic to draw conclusions
- Learn to assess the credibility and reliability of sources
- Consider context, nuance and shades of grey

Module 5 Applying Critical Thinking

- Use real examples to practice critical thinking skills
- Apply techniques for everyday situations: news, politics, advertisements
- Identify opportunities for critical thinking in your life and work

Module 6 Wrap Up and Action Planning

- Review the key concepts and tools of critical thinking
- Create an action plan for enhancing your critical thinking
- Q&A and discussion